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By Martin Roth

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<http://www.zenguide.com/practice/zazen.cfm>

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Works by Martin Roth: Zen Guide: Where to Meditate in Japan, Prophets and Loss, see LoC author record for Martin Roth, 1949) #3 Roth, Martin.

<http://www.librarything.com/author/rothmartin>

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<http://www.wikihow.com/Begin-Zen-Meditation-%28Zazen%29>

Martin Roth, living in Japan Zen meditation for his strap-hanging one-and-a-half-hour rail commute to work each day; and the American advertising executive

<http://authormartinroth.com/index.php/2014/06/>

principles, practice, meditation guide, zen and buddhism related media (books, art, video and audio), Zen Guide: The Comprehensive Guide to Zen & Buddhism

<http://zenguide.com/>

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<http://www.zenki.com/index.php?lang=en&page=Listofbooks>

Transcendental Meditation (TM) New Religions: A Guide To New Religious Movements, Roth, Robert (1994) Primus,

https://en.wikipedia.org/wiki/Transcendental_Meditation

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